

SAVING BRAINS EARLY START ECD (NAKURU)

TERM TWO NEWSLETTER – JULY 2025

Another term of joy, learning, and unforgettable moments!

As we wrap up Term Two, we take a moment to reflect on the many beautiful memories created. From celebrating our amazing parents and mothers to cheering on little champions during Sports Day, it's been a journey filled with love, growth, and laughter. Thank you to our dedicated teachers, supportive parents, and spirited learners who made every event shine.

TERM HIGHLIGHTS



Parents' Day – 9th May 2025

A heartfelt thank you to all the parents who joined us for Parents' Day. Your presence reminded us of the powerful role families play in a child's learning journey. Through open conversations and shared stories, we built stronger connections between home and school.

<u>International Day of Play – 11th</u> <u>June 2025</u>

Our children joined others across Kenya to celebrate play through fun activities and an awareness walk. We thank our staff and partners for making the day a success. Let's continue to support every child's right to play.



Sports Day – 16th May 2025

Energy filled the air as the children put their best feet forward in a variety of fun games from sack races to ball relays. It was more than just a day of activity; it was a celebration of teamwork, courage, and joy.





Mother's Day – 11th May 2025

This particular day was dedicated to honoring our mothers, who are often overlooked. With songs, poems, and tender embraces, the kids entertained them. As a straightforward yet potent reminder that love begins at home, we watched as tiny hands displayed handmade cards with glittering hearts.

Feel free to visit the school and talk to the administrator if you have any questions, concerns, or ideas about your child. Our center is open to everyone raising our children is a shared responsibility.

BE KIND

Being kind not only uplifts those around us, but it also brings healing, peace, and strength to ourselves. In a world that often rushes past small gestures, kindness stands out soft yet powerful. Whether shown through a smile, a helping hand, or a patient ear, kindness can turn an ordinary day into a meaningful memory.

It doesn't take much to be kind. It starts with awareness. With choosing gentleness over anger, empathy over judgment, and service over self-interest. Kindness is free but its impact is priceless.



Why kindness matters:

- Kindness improves emotional well-being, reduces stress, and increases happiness and satisfaction.
- Kindness is contagious one act can start a ripple effect in a family, school, or even a community.
- It strengthens relationships, builds trust, and fosters a sense of belonging and safety.
- Children who witness and receive kindness are more likely to grow into compassionate, empathetic adults.



